

Alanis Morissette - Spiral

Tom: E

E Abm A
I could be daydreaming but for a moment
and somehow they're creeping back in
I could be sleeping and wake in a torrent
somehow I get caught in their grips again

A B Dbm B
and here I am in my shame spiral
I'm sucked into it again
and I reach out for your benevolent opinion
A B Dbm B E
and you bring the light back in.... oooh

E B A
don't leave me here with all these critical voices cause they
do the best to bring me down, bring me down
when I'm alone with all these negative voices I will
need your help to turn them down, turn them round

E Abm A
I could be listening to a conversation
a story I'm not even in
these voices have their way when I am unguarded
suddenly I step in quicksand again

A B Dbm B
Once again in my shame spiral
A B Dbm B E
I am glad that you weigh in... oooh

E B A
don't leave me here with all these critical voices cause they
do the best to bring me down, bring me down
when I'm alone with all these negative voices I will
E B A Dbm
need your help to turn them down, turn them round

Dbm B Gbm B
All these judgements so incisive
Dbm B A B
voices left to their devices
Dbm B Gbm B Dbm
this woman's neuroses a desperate plea
A B E B A E B A E
for slack to be cut to me.... cut to meeeeeeee... oooh

E B A
don't leave me here with all these critical voices cause they
do the best to bring me down, bring me down
when I'm alone with all these negative voices I will
need your help to turn them down, turn them round

Acordes

