Gnash? - Insane

Tom: F Intro: F F I drink my coffee in the morning I brush my teeth before bed Dm I fake a smile to keep the sad thoughts Bb Out of my head F I sit outside and watch the world spin I bet you probably moved on Dm But I still can't seem to sing, mmm Bb Anything but this song I've asked my therapist, my mom and dad the same I've asked my friends and fam, they all say I'm to blame Dm I've spent all this time pretending I'm okay Bb Bb Well, I'm not okay Today might be the day I go insane C The day I go insane The day I go insane Bb That'll be the day, today might be the day The day I go insane Will probably be the best day of my life I'll be rid of all my problems, I'll be rid of my strife And I can even fix an issue by just sayin' good night C And I don't even got to worry if I'm wrong or I'm right Dm And when I argue with my darkest side, it's comin' to light Dm Bb I'd rather have 'em call me crazy, than have another fight with vou This mind of mine is mine to lose. it's true

I've asked my therapist, my mom and dad the same

I've asked my friends and fam, they all say I'm to blame

Acordes



Dm I've been spending all this time pretending I'm okay Bb Bb Well, I'm not okay Today might be the day I go insane C The day I go insane Dm The day I go insane Bb That'll be the day, today might be the day If today's the day I go insane С C Please tell my mom and dad I'm not in pain Dm Dm And tell my sister not to do the same Bb It's just, these lonely days get lonelier with rain F And then the feelings come and go and pass in waves (Pass in waves) And I can feel myself start to get swept away (Swept away) Dm I guess if your heart can break, then your head can do the same (Do the same) Bb It's hard to explain Today might be the day I go insane C The day I go insane Dm The day I go insane Bb That'll be the day, today might be the day The day I go insane (Hey, I'm not okay) The day I go insane (Today, I'll go insane) Dm The day I go insane (Hey, I'm not okay) Bb That'll be the day, today might be the day (Today, I'll go insane)

The day I go insane

Yeah, it hurts, but it's true, I shouldn't care, but I do

I hide who I'm inside like I've got something to prove

But what I've learned is that pretending ends up bad for my health

What's the point of being if I'm not being myself?