Green Day - Insomniac (album)

Tom: A

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Armatage Shanks
Green Day
Insomniac
Lyrics: Billie Joe Armstrong
Music: Green Day
Tuning: 1/2 step down (sounds a semitone lower than written
here)
Notes: A very simple song from Insomniac.

h = hammer-on
p = pull-off
b = bend
/ = slide up
\ = slide down
5 = power chord
Intro:

Verse (x2)

Chorus

Bridge (x2)

Order
Intro: Verse 1
Chorus 1
Verse 2
Chorus 1
Bridge
Verse 3
Chorus 1
Chorus 2
Intro: Lyrics

Stranded, lost inside myself
My own worst friend
And my own closest enemy   (Verse 1)
Branded, maladjusted
Never trusted anyone
Let alone myself

I must insist on being a pessimist   (Chorus 1)
I'm a loner in a catastrophic mind

Elected, the rejected
I perfected the science
Of the idiot   (Verse 2)
No meaning, and no healing
Self-loathing freak
And introverted deviot

(Chorus 1)
(Bridge)

Stranded, lost inside myself
My own worst friend
And my own closest enemy   (Verse 3)
Elected, the rejected
I perfected the science

Of the idiot

(Chorus 1)

I'm gettin pissed, I'm a worthless pessimist   (Chorus 2)
I'm a loner in a claustrophobic mind

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Brat
Green Day
Insomniac
Lyrics: Billie Joe Armstrong
Music: Green Day
Tuning: 1/2 step down (sounds a semitone lower than written
here)
Notes: Not much to say, really simple to play.

h = hammer-on
p = pull-off
b = bend
/ = slide up
\ = slide down
5 = power chord

Verse

Chorus

Order

Verse 1 (Skip first G-C-G)
Chorus
Verse 2
Chorus
Bridge (Verse chords)
Chorus
End on G

Lyrics

Mom and Dad don't look so hot these days
They're getting over the hill
Death is closing in and catching up
As far as I can tell   (Verse 1)
Got a plan of action and cold blood
And it smells of defiance
I'll just wait for Mom and Dad to die
Get my inheritance

Well now I want more
Cuz I'm getting bored
And I'm going nowhere fast
I was once full of doubt   (Chorus)
But it's all figured out
Well nothing good can last

Crow's feet and rot are setting in
And time is running out
My parent's income interest rate
Is gaining higher clout   (Verse 2)
I'm a snot-nosed slob without a job
And I know I damn well should
Mom and Dad don't look so hot these days
But my future's looking good

(Chorus)
(Bridge)
(Chorus)

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==============
Stuck With Me
Green Day
Insomniac
Lyrics: Billie Joe Armstrong
Music: Green Day
Tuning: 1/2 step down (sounds a semitone lower than written

here)
Notes: Pretty simple song, you'll have to listen closely to get
the strumming right.

h = hammer-on
p = pull-off
b = bend
/ = slide up
\ = slide down
5 = power chord
Intro:

Verse

Chorus

Order
Intro: x2
Verse 1 (PM first E)
Chorus
Verse 2 (PM last E)
Chorus
Intro: x4 (use last E from chorus)
Bass Riff (1..2..3..4) (PM B)
Chorus

Lyrics

I'm not part of your elite
I'm just alright
Class structures waving colours
Bleeding from my throat
Not subservient to you
I'm just alright
Downclassed by the powers that be
Give me loss of hope

Cast out, buried in a hole
Struck down, forcing me to fall
Destroyed, giving up the fight   (Chorus)
Well I know I'm not alright

What's ny price and will you pay it?
If it's alright
Take it from my dignity
Waste it till it's dead
Throw me back into the gutter
Cuz it's alright
Find another pleasure fucker
Drag him down to hell

(Chorus)
(Bridge)
(Chorus)

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==============
Geek Stink Breath
Green Day
Insomniac
Lyrics: Billie Joe Armstrong
Music: Green Day
Tuning: 1/2 step down (sounds a semitone lower than written
here)
Notes: Very simple song

h = hammer-on
p = pull-off
b = bend
/ = slide up
\ = slide down
5 = power chord
Intro:

Verse

Chorus

Order
Intro: Verse 1 (palm mute)
Chorus
Verse 2 (palm mute)

Chorus
Intro: (x2)
Verse 3
Chorus
Intro: Intro: chords x3, End on G

Lyrics

I'm on a mission
I've made my decision

Slow progression   (Verse 1)
Killin my complexion
And it's rotting out my teeth

I'm on a roll
No self-control
I'm blowing off steam
With methaphetamine   (Chorus)
I don't know what I want
And it's all that I've got
And I'm picking scabs off my face

Every hour
My blood is turning sour
And my pulse is beating out of time
I found a treasure   (Verse 2)
Filled with sick pleasure
And it sits on a thick white line

(Chorus)
(Bridge)

I'm on a mission
I got no decision
Like a cripple running the rat race
Wish in one hand   (Verse 3)
Shit in the other
And see which one gets filled first

(Chorus)

Geek...stink...breath!

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==============
No Pride
Green Day
Insomniac
Lyrics: Billie Joe Armstrong
Music: Green Day
Tuning: 1/2 step down (sounds a semitone lower than written
here)
Notes: Another very easy song from this album.

h = hammer-on
p = pull-off
b = bend
/ = slide up
\ = slide down
5 = power chord
Intro: (x2 one guitar, x2 with band)

Verse (x4)

Chorus

Order
Intro: Verse 1
Chorus
Intro: chords x2
Verse 2
Chorus
Intro: chords x6
Chorus
Intro: chords x4 ("I got no pride")

Lyrics

Well I am just a mutt
And nowhere is my home
Where dignity's a land mine
In the school of lost hope   (Verse 1)
I've panhandled for life

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Because I'm not afraid to beg
Hand me down your lost and founds
Of second hand regrets

Better swallow your pride
Before you choke on it
Better digest your values
Because they turn to shit   (Chorus)
Honour's gonna knock you down
Before your chance
To stand up and fight
Well I know I'm not the one
I got no pride

Sects of disconnection
And traditions of lost faith
No culture's worth a stream of piss
Or bullet in my face
To hell with unity   (Verse 2)
Separation'll kill us all
Torn to shreds and disjointed
Before the final fall

(Chorus)
(Intro)
(Chorus)

I got no pride

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==============
Bab's Uvula Who?
Green Day
Insomniac
Lyrics: Billie Joe Armstrong
Music: Green Day
Tuning: 1/2 step down (sounds a semitone lower than written
here)
Notes: Another simple 3 chord punk song off Insomniac.

h = hammer-on
p = pull-off
b = bend
/ = slide up
\ = slide down
5 = power chord
Intro:

Verse

Chorus

Order
Intro: Verse 1
Chorus 1
Verse 2
Chorus 2
Verse 1 (keep strumming chords)
Chorus 2

Lyrics

I got a knack for fuckin everything up
My temper flies and I get myself all wound up
My fuse is short and my blood pressure is high
I lose control and I get myself all wound up
Tension mounts and I fly up the wall   (Verse 1)
I self-destruct and I get myself all wound up
Petulance and irritation set in
I throw a tantrum and I get myself all wound up

I hate myself and I'm all wound up
I hate myself and I'm all wound up   (Chorus 1)
Loss of control and I'm all wound up
I lose myself and I'm all wound up

Chip on my shoulder and a leech on my back
Stuck in a rut and I get myself all wound up
Killed my composure and it'll never come back
Loss of control and I get myself all wound up
Blown out of proportion again   (Verse 2)
My temper snaps and I get myself all wound up
Spontaneous combustion, panic attack
I slipped a gear and I get myself all wound up

I hate myself and I'm all wound up
Loss of control and I'm all wound up
What can I say, I'm afraid   (Chorus 2)
I'm all wound up

(Verse 1)
(Chorus 2)

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==============
86
Green Day
Insomniac
Lyrics: Billie Joe Armstrong
Music: Green Day
Tuning: 1/2 step down (sounds a semitone lower than written
here)
Notes: Pretty easy song.

h = hammer-on
p = pull-off
b = bend
/ = slide up
\ = slide down
5 = power chord

Verse (x2, palm mute)

Pre-Chorus (x2)

Chorus (x4)

Bridge

Order

Chorus chords x4
Verse 1
Pre-Chorus
Chorus
Verse 2
Pre-Chorus
Chorus
Bridge
Chorus
End on E

Lyrics

What brings you around?
Did you lose something
The last time you were here?   (Verse 1)
You'll never find it now
It's buried deep
With your identity

So stand aside
And let the next one pass   (Pre-Chorus)
Don't let the door
Kick you in the ass

There's no return from 86   (x4)
Don't even try   (Chorus)

Exit out the back
And never show your head
Around again   (Verse 2)
Purchase your ticket
And quickly take
The last train out of town

(Pre-Chorus)
(Chorus)
(Bridge)
(Chorus)

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==============
Panic Song
Green Day
Insomniac
Lyrics: Billie Joe Armstrong
Music: Green Day

Notes: The intro may seem rather complicated, but if you really
listen to it, it's rather simple.

h = hammer-on
p = pull-off
b = bend
/ = slide up
\ = slide down
5 = power chord
Intro: (bass hits high B fast)

Verse (x2) (omit first B on first verse)

Chorus

Bridge (x4)

Order
Intro: Verse 1
Chorus
Verse 2
Chorus
Bridge

Lyrics

Ready for a cheap escape

Widespread panic
Broken glass inside my head   (Verse 1)
Bleeding down these thoughts of anguish
Mass confusion

Well the world is a sick machine
Breeding a mass of shit   (Chorus)
With such a desolate conclusion
Fill the void with...I don't care

There's a plague inside of me
Eating at my dispostion
Nothing's left
Torn out of reality   (Verse 2)
Into a state of no opinion
Limp with hate

(Chorus)

I wanna drop out (x4)   (Bridge)

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==============
Stuart And The Ave.
Green Day
Insomniac
Lyrics: Billie Joe Armstrong
Music: Green Day
Tuning: 1/2 step down (sounds a semitone lower than written here)
Notes: Pretty simple song, not much else to say.

h = hammer-on
p = pull-off
b = bend
/ = slide up
\ = slide down
5 = power chord
Intro:

Verse

Chorus

Order
Intro: Verse 1
Chorus
Verse 2
Chorus

Bridge (verse chords)
Chorus
End on D-A x2, D

Lyrics

Standing on the corner
Of Stuart and the Avenue
Ripping up a transfer
And a photograph of you   (Verse 1)
You're a blur of my dead past
And rotting existence
As I stand laughing on the
Corner of insignificance

Well destiny is dead
In the hands of bad luck   (Chorus)
Before it might have made some sense
But now it's all fucked up

Seasons change as well as minds
And I'm a two-faced clown
Mommy's little nightmare
Driving Daddy's car around   (Verse 2)
I'm beat down and half brain-dead
The long lost king of fools
I may be dumb but I'm not stupid
Enough to stay with you

(Chorus)
(Bridge)
(Chorus)

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==============
Brain Stew
Green Day
Insomniac / Godzilla Soundtrack
Lyrics: Billie Joe Armstrong
Music: Green Day
Tuning: 1/2 step down (sounds a semitone lower than written here)
Notes: Bass and drums kick in on 1st chorus. For the chord
scratches, lighty hold the chord and brush the pick along all the
strings to give you funny sounds. Hit some open high E and B
strings during the outro between the chords.

h = hammer-on
p = pull-off
b = bend
/ = slide up
\ = slide down
5 = power chord

Main Riff

Order
Intro: (palm mute main riff twice)
Verse 1 (main riff x4)
Chorus (main riff x2)
Verse 2 (main riff x4)
Chorus (main riff x2 w/ chord scratches)
Verse 3 (main riff x4)
Chorus (main riff x2 w/ chord scratches)
Verse 2 (main riff x4 with small chord scratches)
End (main riff x8, strum full chords)
A Fade into Jaded

Lyrics

I'm havin trouble trying to sleep
I'm countin sheep but runnin out
As time ticks by, still I try   (Verse 1)
No rest for crosstops in my mind
On my own, here we go

My eyes feel like they're gonna bleed
Dried up and bulging out my skull
My mouth is dry, my face is numb   (Verse 2)
Fucked up and spun out in my room
On my own, here we go

My mind is set on overdrive
The clock is laughing in my face
Crooked spine, senses dulled   (Verse 3)

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Passed the point of delerium
On my own, here we go

(Verse 2)

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==============
Jaded
Green Day
Insomniac
Lyrics: Billie Joe Armstrong
Music: Green Day
Tuning: 1/2 step down (sounds a semitone lower than written
here)
Notes: Fade in from Brain Stew, played very fast.

h = hammer-on
p = pull-off
b = bend
/ = slide up
\ = slide down
5 = power chord
Intro: (Fade in from Brain Stew)

Verse

Chorus

Order
Intro: Verse 1
Chorus
Verse 2
Chorus
Verse chords x4 (no lyrics)
Chorus
Verse chords x4 ("In nowhere")
End on A

Lyrics

Somebody keep my balance
I think I'm falling off
Into a state of regression
The expiration date   (Verse 1)
Rapidly coming up
It's leaving me behind to rank

Always move forward
Going straight will get you nowhere
There is no progress   (Chorus)
Evolution killed it all
I found my place in nowhere

I'm taking one step sideways
Leaning with my crutch
Got a fucked-up equilibrium
Countdown from 9 to 5   (Verse 2)
Hooray we're gonna die
Blessed into our extinction

(Chorus)
(Bridge)
(Chorus)

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==============
Westbound Sign
Green Day
Insomniac
Lyrics: Billie Joe Armstrong
Music: Green Day
Tuning: 1/2 step down (sounds a semitone lower than written
here)
Notes: One simple punk song.

h = hammer-on
p = pull-off
b = bend
/ = slide up
\ = slide down
5 = power chord

Verse

Chorus (x4)

Bridge

Order

Chorus chords
Verse 1
Chorus
Verse 2
Chorus
Bridge
Verse chords x4
Chorus chords x6

Lyrics

Boxed up all of her favourite things
Sold the rest at a rainy yard sale
Big plans and leaving friends
And a westbound sign   (Verse 1)
Weighed out her choices on a scale
Prevailing nothing made sense
Just transportation and a blank decision

She's taking off
Taking off   (Chorus)
Taking off
Taking off

No time and no copping out
She's burning daylight and petrol
Blacked out the rearview mirror
And westward on
Strung out on confusion road
And ten minute nervous breakdowns
Xanex a beer for thought
And she's determined

(Chorus)

Oh is it salvation?
Or an escape from discontent?
Will she find a name
In the California cement
Punched out of the grind   (Bridge)
The punched her once too many times
Is tragedy 2000 miles away?
She's taking off

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==============
Tight Wad Hill
Green Day
Insomniac
Lyrics: Billie Joe Armstrong
Music: Green Day
Tuning: 1/2 step down (sounds a semitone lower than written
here)
Notes: Played pretty fast, another simple song. Any time you
stay
A for a long time, you may go back to G for one quick strum.

h = hammer-on
p = pull-off
b = bend
/ = slide up
\ = slide down
5 = power chord

Verse

Chorus

Order

Verse 1
Chorus
Verse 2
Chorus
Bridge (verse chords)
Chorus
End on G G A

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Lyrics

Cheapskate on the hill
A thrill-seeker making deals
Sugar city urchin wasting time
Town of lunatics   (Verse 1)
Begging for another fix
Turning tricks for speedballs
One more night

Making your rounds once again
Turning up empty-handed
Bummin a ride   (Chorus)
Burnin daylight
Last up at dawn
Tight Wad Hill

Drugstore hooligan
Another white trash mannequin
On display to rot up on the hill
Living out a lie   (Verse 2)
But having the time of his life
Hating every minute
Of his existence

(Chorus)
(Bridge)
(Chorus)

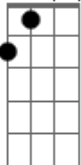==
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Walking Contradiction
Green Day
Insomniac
Lyrics: Billie Joe Armstrong
Music: Green Day
Tuning: 1/2 step down (sounds a semitone lower than written here)
Notes: Reminiscent of an old Kinks riff, very simple to play.

h = hammer-on
p = pull-off
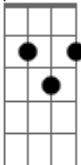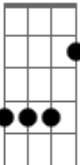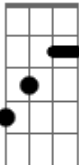b = bend
/ = slide up
\ = slide down

5 = power chord

Verse

Chorus

Order
Intro: (PM A)
Verse 1
Verse chords x2
Verse 2
Chorus
Verse chords x2
Verse 1
Chorus x2
Verse chords x4

Lyrics

Do as I say, not as I do because
The shit's so deep run can't run away
I beg to differ, on the contrary
I agree with every word that you say   (Verse 1)
Talk is cheap and lies are expensive
My wallet's fat and so is my head
Hit and run and then I'll hit you again
I'm a smart-ass, but I'm playing dumb

Standards set and broken all the time
Control the chaos behind a gun
Call it as I see it even if
I was born deaf, blind, and dumb   (Verse 2)
Losers winning big on the lottery
Rehab rejects still sniffing glue
Constant refutation with myself
I'm a victim of a catch 22

I have no belief
But I believe I'm a
Walking contradiction   (Chorus)
And I ain't got no right

(Verse 1)
(Chorus x2)

Acordes

A   G   E   B   D