

Mabel - Ok (Anxiety Anthem)

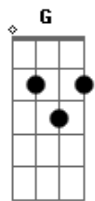
tom:
G
[Primeira Parte]
Am
Wake up with a knot in my chest
C
Tried everything just to get out of bed
Em Dm
It's ain't working, it ain't working
Am
Sometimes I can get like this
C
Cover it up with a smile on my face
Em Dm
But I'm hurting, I'm still hurting
[Ponte]
Am
There are days when the world gets heavy
Fm
Sleepless nights, I've had way too many
Dm Am
When it's late and no one's around, around
Am
Alone in my room and the tears start pouring
Fm
Wishing the night was still the morning
Dm Am
But tonight, I'ma let them fall down, fall down
[Refrão]
Am
'Cause it's okay not to be okay
C
It's okay if you feel the pain
Dm
Don't gotta wipe your tears away
Fm
Tomorrow's another day
Am
It's okay not to be okay
C
It's fine, you're allowed to break (oh oh)
Dm
As long as you know, as long as you know
Fm
Everything's gonna be okay (everything's gonna be okay)
Am
Okay
Am
I know, I know, I know, I know
Fm
It's not easy
Am
But you know, you know, you know, you know
Fm
That it gets easier
Am
I know, I know, I know, I know
Fm
It's not easy
Am
But you know, you know, you know, you know
Fm
That it gets easier
[Refrão]
Am
'Cause it's okay not to be okay
Dm
It's okay if you feel the pain
C
Don't gotta wipe your tears away
Fm
Tomorrow's another day
Am
It's okay not to be okay
C
It's fine, you're allowed to break (oh oh)
Dm
As long as you know, as long as you know
Fm
Everything's gonna be okay
Am
Okay
C
Okay
Dm
As long as you know, as long as you know
Fm
Everything's gonna be okay
Am
Okay
[Segunda Parte]
Am
Look at you, look at me
C
We all going through it if you look
Em Dm
beyond the surface, Beyond the surface
Am
So what do I do?, Just wear it on my sleeve
C
Maybe then, maybe then you'd believe that,
Em Dm
I'm hurting, That I'm hurting
[Ponte]

Am
There are days when the world gets heavy
Fm
Sleepless nights, I've had way too many
Dm Am
And it feels like there's no way out, way out (there's no way out, no)
Am
Alone in my room and the tears stop pouring
Fm
Wishing the night was still the morning
Dm Am
But tonight, I'ma let them fall down, fall down
[Refrão]
Am
'Cause it's okay not to be okay
Dm
It's okay if you feel the pain
C
Don't gotta wipe your tears away
Fm
Tomorrow's another day
Am
It's okay not to be okay
C
It's fine, you're allowed to break (oh oh)
Dm
As long as you know, as long as you know
Fm
Everything's gonna be okay (everything's gonna be okay)
Am
Okay
Am
I know, I know, I know, I know
Fm
It's not easy
Am
But you know, you know, you know, you know
Fm
That it gets easier
Am
I know, I know, I know, I know
Fm
It's not easy
Am
But you know, you know, you know, you know
Fm
That it gets easier
[Refrão]
Am
'Cause it's okay not to be okay
Dm
It's okay if you feel the pain
C
Don't gotta wipe your tears away
Fm
Tomorrow's another day
Am
It's okay not to be okay
C
It's fine, you're allowed to break (oh oh)
Dm
As long as you know, as long as you know
Fm
Everything's gonna be okay
Am
(It's gonna be, gonna be, gonna be)
Okay
Fm
(Gonna be, gonna be, gonna be)
As long as you know, as long as you know
Am
It's gonna be, it's gonna be, it's gonna be okay
Am
Cause it's okay not to be okay
Dm

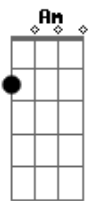
It's fine, you're allowed to break (allowed to break)
C
As long as you know, as long as you know
Fm
Everything's gonna be okay (everything's gonna be okay)
Am
I know, I know, I know, I know
Fm
It's not easy
Am

But you know, you know, you know, you know
Fm
That it gets easier (it gets easier)
Am
I know, I know, I know, I know
Fm
It's not easy
Am
But you know, you know, you know, you know
Fm C
That it gets easier

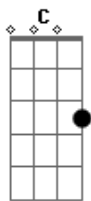
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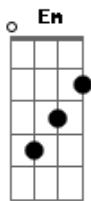
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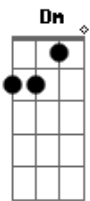
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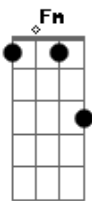
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