

## The National - This Isn't Helping (feat. Phoebe Bridgers)

```
Keep kicking yourself to
                           tom:
                                                               Keep from crying
               Gm (forma dos acordes no tom de Em )
Capostraste na 3ª casa
                                                               That, you'r? so right about
Intro: Em G Em G
       Em G D
                                                               [Refrão]
[Primeira Parte]
                                                               'Cause this isn't helping at all
I cannot believe what you
                                                               I know you think it's kindness
Get away with
         Em
                                                               But it's not
You find beauty in anything
                                                               This isn't helping at all
  Em
Whenever you look down into a sewer
                                                               This isn't helping
You see a diamond ring
                                                               [Ponte]
It isn't fair how you never look
                                                               Don't say that it's all your fault
Like you're trying
                                                                             Am
                                                               I know you're banking on it coming up
As if you couldn't care any less
                                                               But would your life be so bad
And I'm here, kicking myself
                                                                         D
                                                               If you knew every single thought I had?
To keep from crying
                                                               'Cause I only have two things
You say you're impressed
                                                                Em
                                                               To say to you
[Refrão]
                                                               But you say two things about
But this isn't helping at all
                                                               Everything, babe
It only makes me wanna get further off
                                                               Well, just when I thought
                                                                             D
This isn't helping at all
                                                               You don't even notice me at all
           D
This isn't helping
                                                               [Refrão]
[Segunda Parte]
                                                               'Cause this isn't helping at all
                                                                           C
You say that this doesn't have to hurt
                                                               It only makes me wanna get further off
You're there if you need to be found
                                                               This isn't helping at all
Can't you see that that makes
                                                               This isn't helping
                                                               This isn't helping at all
It so much worse?
                                                               I know you think it's kindness
I'll always see you around
Maybe in time, we can give it
                                                               But it's not
One mor? try
                                                               This isn't helping at all
But let's think about what matters now
                                                               This isn't helping
     Em
Acordes
```

